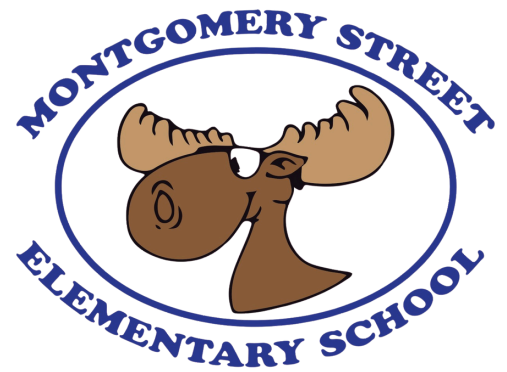


MONTY'S MONTHLY MEMO

SEPTEMBER 2025



Coming up this month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 HAPPY LABOUR DAY	2 BACK-TO-SCHOOL	3	4	5	6
7 Lunar Eclipse	8 INTERNATIONAL LITERACY DAY	9	10	11 Mawlid Al-Nabi	12 School Picture Day	13
14	15	16	17 Rosh Hashanah	18	19	20 Janmashtami
21 International day of Peace	22 hello FALL Navarti	23	24 Grade 3-5 Cross Country	25	26 EECD professional learning day for teachers	27
28	29 Orange Shirt Day and Truth & Reconciliation Day assembly	30 Truth & Reconciliation Day	7:45-8:05 Student drop off 2:15 Dismissal & pick up			

Mission Statement

Mindful **M**otivés d'être conscients
Open-minded **O**uverts
Never give up **N**'arrête jamais
Try our best **T**ravailleurs
Yes, we can! **Y**oupi, on y peut!

Remember to pay your \$50 Student Fee online.

Information soon coming soon about milk and hot lunch orders.



CONTACT US

A note FROM THE GYM



Mr. Barry and Ms. Smith will be hosting a cross-country meet for our students on September 24th from 2:30 pm-3:30 pm for students in grades 3-5 at Montgomery Street School.

We will also be doing morning Rise and Shine again, starting at 7:45 am to 8:05 am. On Tuesdays for the K-2s and Thursdays for the 3-5s. Rise and shine will start on September 9th, 2025. It will be different this year as it will operate more as an open gym rather than a structured game. Students can choose to come inside to the gym early and play until the bell.

Intramurals will also be in effect this year, with September being the run club for K-2 and cross country practice for the 3-5 on Tuesday and Thursday, respectively.

This year in P.E. students in kindergarten through grade 5 will

- practice locomotor skills
- develop manipulative skills
- explore strategies and tactics
- learn about fitness concepts, safety and learning living choices
- Strengthen important social-emotional skills

Our key elements for success in P.E.:

1. Work Hard – Always try your best and challenge yourself.
2. Play Safe – Make safe choices with equipment, space, and classmates.
3. Be Kind – Encourage and respect others, win or lose.



PE Schedule & Clothing:

2 indoor classes + 1 outdoor class each week.

Outdoor classes run in all weather—rain, snow, or shine!
Please dress your child for the season.

Comfy clothes to move in, athletic shoes (no sandals, crocs, or boots), and outdoor gear when needed (jackets, hats, mittens, boots, etc.).